

DO YOU ( OR SOMEONE IN  
YOUR FAMILY ) NEED  
HELP TO GET A JOB?

WHERE CAN YOU GO  
TO GET A LOCAL FRIENDLY SERVICE  
THAT CAN HELP YOU INTO  
EMPLOYMENT?



# Canal Communities Local Employment Services Network



The CLESN is a community based service for Rialto, Kilmainham, Bluebell, Islandbridge and Inchicore. It's aim is to help unemployed job-seekers return to work.

# HERE'S WHAT WE OFFER:

- INFORMATION AND ACCESS TO TRAINING AND EDUCATION
- SELF EMPLOYMENT OPTIONS
- THE SERVICES OF THE JOB CLUB  
and
- A LOCAL MEDIATOR WHO CAN CREATE WITH YOU (ONE TO ONE) AN EMPLOYMENT ACTION PLAN TAILORED TO SUIT YOUR NEEDS.



# TRAINING COURSES IN GOLDENBRIDGE

THESE ARE THE COURSES CURRENTLY ON OFFER

- Occupational 1<sup>st</sup> Aid
- Manual Handling
- Safe Pass
- Reception Skills
- Office Skills
- Keyboard Skills
- Computer Literacy
- Computer Improvers
- TAS Books
- Paediatric First Aid

THEY ARE FREE IF YOU ARE UNEMPLOYED



# THE JOB CLUB IN GOLDENBRIDGE

## WHAT'S INCLUDED ON THE THE COURSE

- ✓ Employment vs. Unemployment
- ✓ Taking stock / setting goals
- ✓ Making a plan of action
- ✓ Seeing the Employers View
- ✓ The best CV for you
- ✓ Analyse Job Adverts
- ✓ Create a suitable Application Letter
- ✓ Filling in an Application Form
- ✓ Interview preparation / mock interviews
- ✓ Telephone techniques
- ✓ Your Benefits and Work
- ✓ Starting and Keeping a Job
- ✓ Dealing with Discrimination
- ✓ Self Employment
- ✓ Dealing with a Criminal Record
- ✓ Individual Guidance / Resources

You'll get great support from Jackie and Olive –  
The majority of people who complete the Job Club in  
Goldenbridge progress into employment or training.



# WHO CAN USE THE SERVICE?

- ANYONE REGISTERED UNEMPLOYED FOR 6 MONTHS IN THE CANAL COMMUNITIES AREA WHO IS LOOKING FOR WORK, WORK RELATED TRAINING OR EDUCATION.
- DEPENDENT SPOUSES OF THE UNEMPLOYED
- LONE PARENTS
- EARLY SCHOOL LEAVERS
- ANYONE SEEKING WORK AND EXPERIENCING DISCRIMINATION OR DISADVANTAGE
- For the JOBS CLUB the first condition is not necessary.



# WHERE IS MY LOCAL OFFICE? AND WHO WILL I SEE?

- **RIALTO** 398 SOUTH CIRCULAR ROAD  
Reception – Susanna or Frances  
Mediators – Ernie or Cathy
- **INCHICORE** 103 TYRCONNELL ROAD  
Reception – Patricia  
Mediator - Scott
- **BLUEBELL** La Touche Road  
Reception – Leanne or Jamie  
Mediator - Caron



# What's the Advantage for Me If I Register with the LESN?

- There is no charge and the service is confidential.
- You have all the job seeking facilities of FAS available to you ( and those of wider networks including the Canal Communities Partnership ) with the added benefit of an available Mediator for support and guidance.
- We can offer assistance with –
  - Confidence building
  - Funding for training and education
  - CV and Interview Preparation
  - Self Employment
  - Career Guidance - and a whole lot more.

# OK So How Do I Register ?

- **Just Make an Appointment to see a Mediator by –**
  1. Calling into the Rialto, Bluebell or Inchicore offices
  2. Phoning your local office
  3. Talking to one of the LESN staff here today.

**You'll also find all the phone and address details in the brochures left out for you.**



THANK YOU  
FOR YOUR TIME  
AND YOUR ATTENTION

