

'Options for Adults' would not be possible without funding and support from the following organisations:



Admission  
FREE



## Kerry Adult Education and Training Exhibition

### Exhibitors

- |   |                                     |
|---|-------------------------------------|
| Department of Social and Family Affairs | Pitman Training                     |
| Brookfield College                      | Teagasc                             |
| Citizens Information Centre             | BMI (Bord Iascaigh Mhara)           |
| Credit Union                            | County Library                      |
| Kerry County Enterprise Board           | Kerry County Development Board      |
| The Defense Forces                      | Local Employment Services           |
| FÁS                                     | Killarney Regional Learning Centre  |
| Kerry Education Service                 | MABS                                |
| Institute of Technology, Tralee         | National Learning Network           |
| Cork Institute of Technology            | Shannon Development                 |
| Limerick Institute of Technology        | Enterprise Ireland                  |
| Mary Immaculate College                 | Jobs Club                           |
| University College Cork                 | North and East Kerry Development    |
| NUI Galway                              | South Kerry Development Partnership |
| Mallow College of Further Education     |                                     |

For a full listing of our exhibitors please log onto [www.localemploymentservices.ie](http://www.localemploymentservices.ie)

# NOW IS THE TIME TO TAKE THE NEXT STEP

### EXHIBITION DETAILS

Date Monday 11th January, 2010  
Time 11am - 7pm  
Venue The Gleaneagle Hotel, Killarney

For further information contact  
Deridre Kearin T. 066 718 0190  
[www.localemploymentservices.ie](http://www.localemploymentservices.ie)



Training . Education . Funding . Advice  
Information Enterprise Workshops . Support

# Options for Adults 2010 will be officially opened by Pat Falvey

ADVENTURER, EXPLORER, MOTIVATIONAL SPEAKER, TEAM TRAINER, ENVIRONMENTALIST, AUTHOR, PHOTOGRAPHER AND FILM PRODUCER.



Pat Falvey is Ireland's leading team trainer and motivational speaker as well as being a world renowned adventurer and explorer. His achievements to date are an inspiration to all. Pat's extraordinary life has had more than its fair share of triumphs and disasters as a businessman and adventurer. His high points are many, but there were low points also.

Pat left school at 15 to become a millionaire, his trade then being a bricklayer. By the age of 21 he had achieved his objective and turning over in the region of €70 million in today's value as a property developer as well as being involved in other businesses. When Pat lost his focus, he lost everything and went broke at the age of 29. With lowering of self-esteem, his confidence shattered and the pressures of a failed business he was forced to refocus to save his sanity, his business and his family.

With a new set of goals to achieve, Pat re-focused his energy. He used these new goals to pull himself from the depths of depression. To rebuild his business, his self-esteem and his confidence to go on to achieve what others said was impossible.

**Pat will officially open the Options for Adults Exhibition 2010 at 12 noon. Don't miss out on his story in person.**



## Workshops

Time	Presentation	Description
1.00pm	<b>Welfare and Education: How to further your education while keeping your benefits</b> <i>(Delivered by the INOU)</i>	This seminar will focus on how to retain welfare entitlements while furthering your education. Whether it be first, second or third level there are schemes available through which a person can retain social welfare benefits while gaining accreditation. A question and answer session will follow.
1.30pm	<b>An Introduction to the Beyond Endurance - Adventure Based Learning Experience (BE-ABLE) project</b> <i>(Delivered by Pat Falvey's BE-ABLE programme manager)</i>	During 2008/09 Pat Falvey formed a research partnership with 8 research and third-level institutions across Europe. In August 2009 this partnership was successful in its bid to co-ordinate a c. €180,000 two year EU funded Grundtvig Programme Project.  The purpose of the BE-ABLE Project is to build a consortium of experts that will share their knowledge and expertise about informal adult learning in various EU countries. Today's workshop will introduce the project to you and how you can take part in various training workshops over the next two years.

2.00pm	<b>Applying to Higher Education</b> Where to start & who can help <i>(Delivered by IT, Tralee)</i>	This workshop will assist you in planning to enter higher education. How to choose the right course and information on financial, personal, and academic support available.
2.30pm	<b>Finance and Budgeting</b> <i>(Delivered by MABS)</i>	If you are considering returning to education/training in the near future then this workshop will assist you in looking at household budgeting and how to adapt your budget to suit your particular circumstances.
3.00pm	<b>Taking control of the job search process: The Information Interview</b> <i>(Delivered by Kerry Adult Guidance Service, Kerry Education Service)</i>	This presentation will look at ways of using your time and energy much more effectively than in the traditional job seeking process where you wait for an advertised job and then apply - hoping to be interviewed and selected. This workshop will explore 'Information Interview Techniques' to take control and break into the hidden job market with significant proven success.
3.30pm	<b>Thinking of Starting your own Business?</b> <i>(Delivered by the Kerry County Enterprise Board)</i>	This workshop will outline the steps you need to take when considering starting your own business. You will be provided with information on a range of supports available to you and the most suitable contact to assist you in developing your idea.
4.00pm	<b>Job Seeking Skills</b> <i>(Delivered by the Local Employment Services)</i>	CV's, cover letters, job application forms - how to apply for work in the present economic climate.
4.30pm	<b>How well do you Network?</b> <i>(Delivered by the Mary Beary and Sandra Hunter Ferris)</i>	A workshop that will outline the steps you need to take to utilise your family, social and business networks to your benefit! Find your strengths/skills out in the job and business marketplace through a range of simple, effective and minimum cost techniques.
5.00pm	<b>Enterprise and Training supports available from the local development sector</b> <i>(Delivered by North &amp; East Kerry Development)</i>	Information on grants and other supports available administered via North and East Kerry Development.
5.30pm	<b>Working Abroad</b> <i>(Delivered by FÁS)</i>	An introduction to the European Employment Services. Promoting European mobility, living and working conditions within other European countries. This is worth seeing if you are considering working abroad in the near future.
6.00pm	<b>Funding for Adult Education</b> <i>(Delivered by Kerry Adult Guidance Service, Kerry Education Service)</i>	A brief look at funding options available to adults returning to education on a full-time or a part-time basis. Includes contact details of relevant organisations for those wishing to acquire further details.

## Transport ...

### Buses from Killarney Town to the Gleneagle Hotel

Departing from Gleneagle Bus Stop on East Avenue at the back of Scott's Hotel near Peter Mark's Hair Salon.

10.45am, 11.45am, 2.45pm, 4.00pm, 5.15pm **Price €2.00**  
Please note these time are subject to change and possible delays.